

DATES NEWS**Joint DATES/PBA
Labor Day Melissa Ride & Pool Party
Monday, Sept 2 – 8:00 am**

Join Rusty & Belinda Nail and Marc & Susie Mumby for a holiday ride on quiet country roads. Meet at the Nail's home in Melissa for the ride start at **8 AM**. Mapped routes of approximately 25, 40 and 60 miles will be offered. If you would like to join us after the ride for goodies from the grill, please bring a side dish to share + lawn chairs and RSVP by email: bgnail@ranail.com or phone: 972-838-2768. The pool & hot tub will also be open for a dip after the ride, so bring a swimsuit and towel. Some soft drinks will be provided.

Directions: The ride start is located at 1613 Grandberry Drive in Melissa. Take US75 to SH121, exit # 45, 8 miles north of McKinney. Head east and turn right at first traffic light, Berry Road (CR 339, land-marked by Kim's Fudge Factory, Texaco). Look for Berry Farms subdivision about 200 yards on your left. Turn left into the subdivision and make the second right on Dewberry and then next left on Grandberry. The Nails' house is on the right about an 1/8th of a mile down with circle drive and separate garage.

**Collin County Ride
Sunday, September 8th – 8:30 am**

If you missed the Collin Classic this year, here's your second chance! Kevin and Linda Vinson are hosting a ride on Sunday, September 8th. The route includes part of the Collin Classic course and features plenty of rolling hills on country roads in beautiful countryside. We will start at Erwin Park in McKinney and ride approximately 30-40 miles (2 routes/distances will be available).

To get to Erwin Park in McKinney: From US 380, head north on FM1461 (about 7.1 miles east of Preston Road, SH289 and 2.4 miles west of US75). Go about 1.9 miles on FM1461 and turn right onto CR162 and then another quick right onto CR164. Go 1 mile and turn left onto CR1006. Follow CR1006 approximately 0.3 of a mile and make a right into Erwin Park. Follow the road through the park until you come to a T and then turn left. Continue on until you see the sheltered picnic area.

If anyone has questions, please contact Kevin or Linda at 972-625-6110 or via email at linda.vinson@eds.com

Look forward to seeing everyone on the 8th!

**DATES First Club Century Ride
Set to Roll Sunday, September 29th!
Packets available 7:00 am. Courses open 8:00 am**

Reuters – The tandem world is atwitter with talk of the Double DATES Tandem Club's first ever century ride, the "Century of the Millennium". Early indications are that this will be the largest single day exclusive gathering of tandems in the south-central United States.

Heading north from the historic downtown area of Van Alstyne, Texas, the ride will feature half, metric and full century loops. The routes are considered by those who have previewed them to be more of "tourists' century" rather than a "racers' century"; the ride features scenic back roads rather than miles of flat straight highways. The first half of the ride is rolling and a surprising amount of this portion of the ride is tree lined. The second half of the ride is flatter, and offers some beautiful views off the Preston Ridge.

Rest stops, emergency SAG and several small towns along the way will support the tandem teams' success. All teams will receive exquisitely detailed maps of the route with GPS coordinates and noted landmarks at turns. Plans for complete "Dan Henrys" are being cleared with local authorities, but in any event will be provided at unmarked or confusing intersections. All teams will receive the traditional event ride "bag of stuff", and teams completing the ride will also receive a jersey transfer to commemorate their accomplishments.

Ride organizer Tom Shaddox said, "Teams from out of the area have expressed their excitement at the opportunity to be a part of a large, exclusively tandem ride. In addition, I see three big incentives for DATES member teams to come out for the Century of the Millennium: they can meet and get to know other local teams that like to ride their pace and distance, they will be introduced to roads they will want to ride again on their own, and it's free. The registrations are already pouring in to ride headquarters. The Century of the Millennium promises to be the highest turn out ride on the DATES annual ride calendar."

Teams that have yet to register have until September 23rd. Registration forms were mailed out in the August DATES Line, and are also available at area tandem shops and on the Double DATES website.

Halloween Overnight Ride

Sat – Sun, October 26 & 27 – 7:45 am

Time to sign up for the Halloween Ride, make your hotel reservations in Tyler and start planning your costumes and decorations for your bike. Warren & Audre Casteel will again host this ride from Kaufmann to Tyler on Saturday and return on Sunday. The format will be similar to previous years with 2 routes (80 or 65 miles ± each way), lunch at the Garden Valley Resort on Saturday and a Jason's Deli box lunch at the rest stop on Sunday. \$25 per person includes both lunches, SAG support and luggage service, and food and sports drink in the support vans along the route. You are responsible for other meals and your hotel.

We'll have the pre-ride meeting at 7:45 am at O.P. Norman Junior High School in Kaufmann, TX where those riding the long route will leave their cars. Ride starts at 8:00 am. Short route riders will stow their luggage, then drive on to the short route starting point.

Saturday night we'll stay at the Fairfield Inn in Tyler. It is right across the loop from Mercado's where we will eat Saturday night. Call the Fairfield at 903-561-2535 **prior to Sept 27** to reserve your room. Mention the DATES Tandem Club to get the special rate of \$60.95.

Send your signed reservation/liability waiver form (enclosed) along with your check payable to DATES to Warren & Audre Casteel, 10031 Monroe Drive, Suite 105, Dallas, TX 75229-5717. This popular ride fills up quickly so make your reservations today!

Denton County Ride

Sunday, October 13 – 9:00am

Join Roane & Juanita Logan on their popular Denton County Ride. We will start from the Isle du Bois State Park on Lake Ray Roberts and ride approximately 35-45 miles (2 routes/distances available). The route is mainly on country roads and goes through some pretty horse ranch country and across the Ray Roberts Lake damn.

Watch for additional details to follow in the next newsletter.

Directions: I-35 north to the town of Sanger. Exit Hwy. 455 (Chapman Rd.) and head east. Cross Lake Ray Roberts damn. Isle du Bois State Park is on the left. A one day pass to the park is \$3 per person. From the gate, take the main road through the park all the way to the lake. There is a fairly large parking area by the lake, so just look for the tandems!

DATES Team Wedding Invitation

DATES members, friends and families are cordially invited to a free concert in celebration of the long awaited marriage of DATES member team Brenda Hursin and Tom Shaddox, 2:00PM, Saturday, October 5th, 2002 in the main sanctuary of Hunter's Glen Baptist Church, 4001 Custer Road, Plano, Texas.

Concert music will be provided by the Plano Community Band, a 75-member concert wind band now in its 24th season. Concert selections will include compositions by J.S. Bach, Sir Edward Elgar, Percy Grainger, and John Phillip Sousa. A short wedding ceremony will follow the concert, followed by a reception at the church.

Everyone is welcome to attend the concert and wedding. If you would also like to stay for the reception, please RSVP to lshaddo@gte.net by Saturday, September 28th. The couple has requested that no gifts be given other than the precious gift of your fellowship on this special day. If you absolutely can't restrain yourself, the bride's favorite charity is Camp Make a Wish, and the groom's favorite charity is CARE.

Thanks, and hope to see you October 5th. TCS

...and we'll buy our tandem at

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MEETING REPORT: Business Meeting & Social

Sunday August 4, 2002

Location: Home of Tom and Grace Hogan

Attendees: 14 teams were represented

Treasurers, Jerry and Laurie Boggess, read the description of insurance coverage for DATES rides and special events as follows:

“According to our insurance agent, if one or two riders are invited to ride one of our regular rides, the riders are deemed potential recruits and therefore would not need additional insurance coverage. However, if a blanket invitation goes out to a group or groups of non-members regardless of whether or not you charge for the event, it becomes a special event and would require additional insurance coverage. As a member of Dates, a waiver is signed when members register as required under our regular insurance policy. If you just have all non-Dates riders sign a waiver before participation in the special event, they may or may not be covered under our regular policy.”

Jerry will ask the insurance agent about insurance coverage when DATES co-hosts a ride.

Secretaries, Tony and Colleen Hering inquired about the renewal of the DATES assumed name certificate. Jerry Boggess verified that it is in process, as well as investigation of registration with the State of Texas.

As a follow-up to the Mesquite Rodeo Rally, D'Ann Hunt proposed a DATES Mesquite Rodeo night in September for those who wish to use their free tickets from the rally. Rodeo tickets can also be purchased at the door. Specifics about the event will be distributed via ONE-LIST.

Don reviewed the Wichita Falls proposal to hold the 2005 Southwest Tandem Rally there. Incentives offered by Wichita Falls did not exceed those of Fredericksburg, so it was unanimously voted to hold the rally in Fredericksburg as proposed by rally coordinators, John McManus and Brenda Cole. A separate vote was taken and passed to investigate availability and possibility of holding the rally on the preferred weekend of April 22, 2005. A unique feature of the rally will be that a full-day's route will be offered on Friday of the 3-day rally as opposed to the traditional Friday afternoon ice cream ride.

Tom Shaddox announced that he will be distributing DATES Century Ride flyers/registration forms to tandem clubs in a five-state area. The course consists of concentric circles with parts of the Two Flags ride in Texas and Oklahoma. There are small towns with convenience stores, but there are two areas that will need rest stops. Tom will ask the bike shops to provide sag support with a cell phone to handle emergencies and repairs. Richardson Bike Mart and Plano Cycling and Fitness have offered to contribute items to the Century packets.

Next Meeting: October 13, 2002, location TBA

Topics for meeting agendas are always welcome and due one week prior to the meeting date. Submit suggestions to Team Hering or Team Hunt.

Submitted by Tony and Colleen Hering, Secretaries

SOUTHERN TANDEM RALLY ADD ONS

This is just a reminder that the Southern Tandem Rally will be in Bay St. Louis, Mississippi this October 18 - 20. The bad news is: that's about a 12 hour drive from Dallas. The good news is: The Natchez Trace is located between here and there. If you're planning to go to the Southern Tandem Rally and are interested in breaking up the trip a bit, consider joining us for a little riding on the Trace.

On Wednesday, October 16, we'll drive to the Oak Square Plantation in Port Gibson, MS which is right on the Natchez Trace about 20 miles south of Vicksburg. The Oak Square has about 10 rooms with private baths at a room rate of about \$125 per day which includes a full breakfast. We'll ride an out & back on the trace to the north for what ever distance suits us. There are things to see at distances of 4, 8, 15, and 17 miles.

Thursday morning, after breakfast at the plantation, we'll do a loop to the north to visit Grand Gulf and return to Port Gibson for lunch with about 25 miles under our belt. In the afternoon, we can take a loop to the south to visit the Windsor ruins and pick up an additional 30 miles.

Friday, Saturday and Sunday will be spent at the Southern Tandem Rally, and then Sunday night, we'll bed down by the Trace again in the Rosswood Plantation. Monday, we'll ride about 40 miles visiting Emerald Mound (a very large Indian mound), Church Hill, and possibly Springfield Plantation. We'll spend a second night at Rosswood and then drive home on Tuesday.

If you'd like to join us for any or all of the above, please contact the B&Bs and make your own reservations, then let us know. We'll have maps ready.

Here are the web addresses you'll need:

Southern Tandem Rally:

<http://www.mindspring.com/~tandems/STR2002/index.htm>

Oak Square Plantation:

<http://www.virtualcities.com/ons/ms/w/msw3601.htm>

Rosswood Plantation:

<http://www.rosswood.net/amenities.html>

Don & D'Ann Hunt

d2h@airmail.net

DATES First Ever Century – Training Schedule – Sixth and Final Month.

- Sunday, Sept 1st – Do monthly tandem maintenance. Any riding kit or equipment you plan on taking on the century (in just one more month!) should be a part of your regular gear by this point. 40 miles, easy, low gears and spin.
- Monday, Sept 2nd, Labor Day – 45 miles: 10 miles warm up, 20 miles @ 2 hard/2 easy, 5 miles brisk, 10 miles warmdown. Did you know that folks in Texas have the second highest rate of melanoma in the world, after the people in Western Australia?
- Wednesday, Sept 4th – 15 miles, brisk. The difference between you guys and the other tandem teams riding the century is that your team makes it look easy.
- Friday, Sept 6th – 15 miles, brisk. . "Sunscreen" and "Sunblock" are NOT the same thing.
- Saturday, Sept 7th – 55 miles: 10 miles warm up, 20 miles @ 2 hard/2 easy, 5 miles brisk, 5 miles easy, 5 miles brisk, 10 miles warmdown.
- Sunday, Sept 8th – 30 miles: easy, low gears, spin.
- Monday, Sept 9th – 15 miles, brisk. Tandemists have a reputation as "beautiful people". Don't get OCS - "old cyclist skin"!
- Wednesday, Sept 11th – 15 miles, brisk.
- Friday, Sept 13th – 15 miles, brisk. Did you know the "Camelback" was invented in Texas? Can you guess why?
- Saturday, Sept 14th – 75 miles: 10 miles warm up, 55 miles at the pace you plan on maintaining during the century, 10 miles warmdown. If you have put in all the miles on the training plan and eaten and drank enough during this ride, you should feel good at the end of this 75 miler. No aches or pains, no bonk, no dead legs
- Sunday, Sept 15th – 35 miles: easy, low gears, spin.
- Monday, Sept 16th – 15 miles, brisk. "Sunscreen" might have an impressive SPF (sun protection factor) but does NOT block UVA rays, does NOT prevent tanning, does NOT prevent freckles, and does NOT prevent skin thickening.
- Wednesday, Sept 18th – 15 miles, brisk.
- Friday, Sept 20th – 15 miles, brisk.
- Sat, Sept 21st – 55 miles: 10 miles warm up, 20 miles @ 2 hard/2 easy, 5 miles brisk, 5 miles easy, 5 miles brisk, 10 miles warmdown. Take a tip from the randonneurs and learn to budget and wisely manage the time spent off the bike during rest breaks.
- Sunday, Sept 22nd – 20 miles: easy, low gears, spin.
- Monday, Sept 23rd – 15 miles, brisk. "Sunblock" physically blocks the suns rays from your beautiful skin. It might do this with chemical sunblocks like "octylcrylene", which works best for short exposure periods, or with longer lasting physical sunblocks like zinc oxide or titanium oxide. Titanium – I like the sound of that!
- Wednesday, Sept 25th – 15 miles, brisk.
- Friday, Sept 27th – 15 miles, brisk.
- Saturday, Sept 28th – 20 miles: Easy pace, low gears, spin.
- Sunday, Sept 29th – DATES hosted Tandem Ride: "Century of the Millenium", the largest one day gathering of tandems in the state. Go get 'em, tiger!



Bikers go to the Rodeo

Did you ride in the Mesquite Rodeo Bike Rally? Do you still have your free ticket to the Mesquite Rodeo that came in the packet? Any and all DATES are invited to join us at the Mesquite Rodeo Saturday, September 14, 2002. It's all indoors and air conditioned!! Even if you didn't ride the Mesquite Rodeo Bike Rally, you can still purchase rodeo tickets and join us there. Don't forget they have a great bar-b-que buffet dinner at a pretty reasonable price. So come early, chow down, then watch the bucking broncos and silly clowns. Let me (Don or D'Ann Hunt, d2h@airmail.net) know if you plan to go. If there is enough interest I'll try to get a block of seats assigned to us.

Feature Articles & Ride Reports

Grapevine Ride
By Robin Delcambre

The Grapevine ride was our second ride with DATES. We took the 36 mile route along with most of the other teams that day. It was a bright sunny day with only a slight breeze. We left home early from N.E. Richardson, and not being familiar with the Grapevine area, drove around just a little before honing in on the ride starting location at Dove elementary school. Tom and Diane Glenz, our hosts for the ride, provided welcome breakfast treats of orange juice and doughnuts before the ride.

Approximately 18 teams attended the ride including one new team moving here from Colorado. We left the school at a slow pace waiting for riders who caught a red light right at the start. The early part of the ride was slightly downhill grade. After a few miles on Dove Road, we made our first turn and rode out through beautiful countryside scenery complete with lots of flowers and a variety of animals including cows, horses, long horns, etc. The road traffic was very sparse. The ride was exactly as advertised with some rolling hills, winding roads and farms. The drivers were courteous. Sue and I were quite pleased to be able to stay up with the pack for the most part by riding fast on the down hills with the other riders passing us on the uphill stretches. (Side note: We are upgrading our bike this week. We hope that changing 7 to 9 speed on the rear of the bike, adding a smaller granny ring, and new shifters will help us to improve tackling the uphill challenges in the future.)

We were slightly tired and ready for a break when we arrived at the Marriott for a magnificent brunch still within eyesight of the group we were riding with on the 36 mile route. I think only one team riding the 36 mile route got a little lost and arrived shortly after we had started to eat. The teams riding the longer route arrived about 30 to 40 minutes later.

The final 8 mile ride back to our cars after lunch was definitely the hardest part for the day. It was getting to be quite hot, and we were mostly riding into a headwind with an uphill section towards the end of the ride. We were glad to have completed our third 30+ mile bike ride of the year with a great bunch of other teams. Tom and Diane did an outstanding job in marking out the course at every turn. I thank them for an enjoyable Sunday morning ride and look forward to riding with Dates again in the near future.

**Hogan's Ride, Pool Party,
 Brunch and DATES Meeting**
By Sandy Henbest

Grace and Tom Hogan opened their house early Sunday morning, Aug. 4 to a large assemblage of DATES riders. We all were dressed for the heat, and prepared to ride an assortment of distances ranging from 20 to 40+ miles before gathering back at the Hogans for food, pool play, and a business meeting.

We all started together, parading down the residential street rather majestically, and eventually reached a park where we split off for different mileages. Everyone had an opportunity to experience the mixed joys of riding in Plano: quiet neighborhoods, busy urban streets, serene parks, fast cars, a winding, paved, bike trail, and only an occasional hill steep enough to provide significant cardio benefit.

The traffic seemed heavier than usual for early Sunday morning, perhaps due to the tax savings available in the local stores that day. One stoker was reported to have begged for a rest stop next to a clothing store, but a witness claimed that the captain appeared to have a hearing problem until they were well past the entrance.

Ultimately, the maps were detailed, there were no encounters with the dreaded "D's" (dogs, dragsters, ditches), and everyone made it safely back to the Hogan's house for the main reason we bike together: food and fun. We thank the Hogans and their friendly dog, Baja, for their hospitality and another fun event with the DATES. Looking forward to more!!!

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HHH Weekend

Thanks to the Wichita Falls branch of Double DATES (new members Jim & Janice Goins who live in Wichita Falls), a new dimension was added to the DATES Hotter 'n Hell experience this year. We enjoyed all the customary things that have become part of Hotter n' Hell: the expo at the MPEC, the crazy mass start which makes you so glad you ride a tandem (just in case you needed another reason!), riding the longest ride of the season in some of the hottest temperatures, gouging by your motel of choice, the best rest stops and volunteer support, so many cyclists (including us) being seduced into riding a longer distance than originally planned.

And this year we also had the pleasure of a group DATES dinner organized by Jim & Janice at a popular Wichita Falls restaurant. Seven DATES teams including our Oklahoma and Arkansas branches plus several "recruits" enjoyed our other favorite pastimes – eating and swapping cycling tales.

Sunday morning, Jim & Janice hosted a ride along the riverside trail and into the countryside around Wichita Falls. 6 tired teams enjoyed the opportunity to warm and stretch our aching muscles in a short, leisurely ride – just what the doctor ordered! And Jim & Janice even made it sound like they might be willing to do it again next year!

Thanks Jim & Janice for enhancing our HHH Experience and making our "required" second day in Wichita Falls just as enjoyable as the first! We have our reservations for next year and look forward to seeing you again then (and hopefully before!). (Ed Note: The dinner was announced only via the DATES email distribution list. If you're not receiving it, register today!)

DATES BUY & SELL

Santana Noventa tandem for sale: Are you looking for a really soft riding, comfortable tandem that your stoker will enjoy riding? If so, this is the bike for you. The Noventa is the top of the line lightweight steel frame from Santana. It has a relaxed geometry for a smooth "Cadillac-like" ride. A rear shock post further enhances the comfort for the stoker. This bike comes equipped with Shimano 600 components, upgraded V-brakes, and working bike computers on the front and back. The frame size will fit a captain between 5' 7" and 6' 0" and a stoker between 5' 3" and 5' 9". This bike is priced to sell at \$2100.

Please call Jon Davis at 214-505-3652 or email jdavis@ssglimited.com <<mailto:jdavis@ssglimited.com>> And we will arrange for a test ride at your convenience.

Lone Oak Winery Grape Picking

By John Henbest

OK, OK. This is not about tandeming or even biking, but it **IS** connected. In April, Larry and Nancy Gingerich hosted a DATES ride that started and ended at the Lone Oak Winery north of Lake Ray Roberts. Sandy and I did not ride that day, but did drive up for the barbeque and wine tasting. It was so much fun that we asked when they picked the grapes that were growing in the vineyard a few hundred yards from the winery and could we volunteer to help pick. Robert Wolf, the owner graciously allowed that he could use some untrained day labor – strong back, weak mind. Robert and I swapped a few phone calls in late July to establish the day because they don't decide when to pick until the day before by testing the sugar content of the grapes.

Thursday night, August 1, Robert called so Sandy and I showed up bright and early (6:30AM) Friday ready to go. What a blast! We were the first "helpers" there. It only took a minute to show us how to clip (pick) the grape clusters and place them in the lugs, a large plastic container a little larger than a laundry basket. We were assigned our row of vines and off we went. The grapes were Merlot, so since I am an experienced Merlot drinker, I felt it necessary to taste a few grapes for "testing" purposes only....just to make sure they were ready. Very good, but even better in a bottle after fermenting.

They grow in clusters as big as 30 or 40 grapes and each one is about a third the size of a table grape. We worked along with some other "volunteers" and some hired help for about two enjoyable hours. Robert said we picked about a half ton of grapes. The morning was beautiful and cool to start and was just getting hot when we had to leave. We watched them "de-stem" our grapes before we left.

We really enjoyed the experience and the hospitality of Robert and Jamey Wolf. We will be back next year if they will have us.

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FRESH DATES

Team Barry-Johnson Dallas, TX

Captain: Charlie Barry
Stoker: Audra Johnson
Joined DATES: July 2002
How Long have you been cycling?
Captain: 15 years
Stoker: 12 years
How long tandeming? 5 months
Why did you start riding tandem? To be together
What kind of tandem do you ride?
 Cannondale
How often do you ride? When it's not hot, 2 to 3 times a week
How far? 20 miles each ride
Usual route/area? White Rock Lake
Favorite Ride? White Rock Lake
Where/How did you hear about Double DATES? Internet
Anything else you'd like us to know about you? We are both excited about participating in more rides with Double DATES. We have two children, an eight year old boy, and a four year old daughter. Charlie works for a living, and Audra is a full-time student at UTD.

Team Delcambre Richardson, TX

Captain: Robin Delcambre
Stoker: Suzanne Delcambre (Suzanne is also the Captain on a smaller tandem with our children ages 5, 7, and 13.)
Joined DATES: May 2002
How Long have you been cycling?
Captain: Cycled in college 1975-80, then started again in 1987
Stoker: Started in 1987
How long tandeming? We started riding the tandem in late 1990 for about 1 year. However, we stopped biking while living overseas in Indonesia 1992-98. We started back in earnest this year.
Why did you start riding tandem? We started tandeming to stay together. Robin kept leaving Sue behind especially after her knee surgery.
What kind of tandem do you ride?
 Santana Sovereign Custom 1990 because Robin is so tall (13" height difference). We also have a small KHS Tandemania comp for Sue to ride with the kids.
How often do you ride? We like to ride 2 times/week 20 miles or so per ride. But are trying to work up to longer rides.

Usual route/area? From our house in NE Richardson from Sherrill Park to North Star to Los Rios to Spring Creek. We also ride around White Rock Lake.
Favorite Ride? So far in the Waco area, SW Tandem Rally and Wild West Waco Ride.
Where/How did you hear about Double DATES? D'Ann Hunt
Anything else you'd like us to know about you? We look forward to participating in DATES activities. We are upgrading almost all of the components on our Santana tandem this week including more gears and lower gears to help tame those hills!

Team Jenkins Broomfield, CO

Captain: Charlie Jenkins
Stoker: Pat Jenkins
Joined DATES: August 2002
How Long have you been cycling?
Captain: 20 years
Stoker: 20 years
How long tandeming? 2 years
Why did you start riding tandem? We enjoy being together and doing things together, and we enjoy cycling, so a tandem just seemed appropriate. Plus ... it looked like so much FUN!
What kind of tandem do you ride?
 Cannondale Road
How often do you ride? 3 - 5 times weekly
How far? We usually average 100 miles per week when the weather permits
Usual route/area? Platte River Trail - Denver, CO
Favorite Ride? Breckenridge to Copper Mountain (Colorado) is our favorite local ride. Our favorite organized ride was the '01 MWTR in Duluth, MN
Where/How did you hear about Double DATES? We found your website
Anything else you'd like us to know about you? We are currently living in the Denver/Boulder, CO area. We are planning a move to the DFW area in November. We enjoy cycling, inline skating, camping and most other outdoor activities.

Team Nelson The Colony, TX

Captain: Mark Nelson
Stoker: Patricia Nelson

Joined DATES: June 2002
How Long have you been cycling?
Captain: 4 years
Stoker: 1 year
How long tandeming? Since Madder 'n Hell 2002. We rented a tandem to try it.
Why did you start riding tandem? So we could ride together.
What kind of tandem do you ride? Trek 2000. It rocks!!!
How often do you ride? Tandem 3-5 times a week
How far? 14 miles per ride day
Usual route/area? The Colony.....south into Plano...Carrollton.....by the Shops at Willow Bend mall.....north to Spring Creek.....west on 121.....back to The Colony. Some of the same area of last month's "Geezer's" ride.
Favorite Ride? Mark: Hotter 'n Hell
 Pat: Madder 'n Hell
Where/How did you hear about Double DATES? First from Carroll, Jim & Rhonda at RBM. Then Plano Cycle signed us up when we bought the tandem. Thanks, Kyle.
Anything else you'd like us to know about you? We plan on being active members and can't wait to meet more DATES. We really enjoyed the people we met on the Geezer's ride.

Team McKinney Durant, OK

Captain: Hank
Stoker: Mandee
Joined DATES: August 2002
How Long have you been cycling?
Captain: 25+ years
Stoker: 10 years
How long tandeming? 10 years
Why did you start riding tandem? We rented one when on vacation in Aspen, CO and Loved it!
What kind of tandem do you ride?
 Santana Arriva and Ibis Cousin IT
How often do you ride? 2-3 hrs
How far? 20 - 50 miles
Usual route/area? Country Roads near home
Favorite Ride? Octoginta - Lawrence, KS
Where/How did you hear about Double DATES? Internet
Anything else you'd like us to know about you? We will soon be towing a tandem trail-a-bike with 5 yr old Aaron and 3 yr old Chloe.

DATES TREATS

More Proof that "We Ride To EAT!"

(Ginger's recipes were served at the August 18th Historic Waxahachie Ride & Pool Party hosted by George & Ginger. Ginger claims to be an "aim and pray" cook, but everything she served us was delicious!)

Ginger's Gazpacho

One Large Can of V8 Juice
 2 cucumbers peeled and diced
 1 large clove garlic
 1 half green pepper diced
 ½ bunch of cilantro
 Juice of 4 key limes
 Salt & fresh cracked pepper to taste

Combine all ingredients and chill overnight.

The veggies can be chopped coarsely in a food processor. However, they look prettier if they are very finely minced. If you prefer a zippier soup, use the spicy V8 or add jalapenos

If sweet onions are in season, add some minced sweet onion for Extra flavor.

Mary's Ice Cream Pie

(Served at June 2nd DATES Meeting)

1 Oreo Cookie Pie Crust
 1/4 GAL Carmel Praline Ice Cream (Kroger Brand)
 1/3 Package of Almond Toffee Pieces
 Chocolate Syrup (for top decoration)

Spread the toffee pieces in the bottom of the pie crust.
 Spread the softened ice cream over the toffee pieces and swirl the chocolate syrup over the ice cream. Freeze until ready to serve.

Enjoy!!

Ginger's Pasta Salad

Prepare a box/bag of your favorite shaped pasta. Cook according to package directions. In the last minute of cooking add any vegetables you want in your salad that need to be parboiled. (In today's salad I used fresh asparagus. You can use broccoli, carrots, peas or most any vegetable)

While the pasta is cooking, place the following ingredients in a large mixing bowl:

A large clove of minced garlic
 Thinly sliced red onion (depends on the onion how much more if it is sweet less if it is hot)
 Olives (black Greek and Green salad)

When the pasta is cooked, drain the pasta and veggies and add to the mixing bowl. The heat from the pasta helps to infuse the flavor of the garlic and olives into the pasta.

Add the following:

½ cup of marinated hearts of palm
 ½ cup sliced fresh mushrooms
 ¼ cup thinly sliced red bell pepper

Drizzle with a small amount of olive oil, sprinkle in salt and fresh cracked pepper to taste.

Toss ingredients together and refrigerate overnight or until chilled.

Before serving add fresh basil, feta cheese and a little Greek or Italian salad dressing.

Sign up for DATES Email Distribution List

Receive up-to-the-minute information about scheduled & impromptu rides and other events and matters of interest to cyclists in general and tandem riders in particular. Go to web page groups.yahoo.com/group/DATES1 and click on "Join This Group" in the upper right corner of the panel, then click on "Sign Up Now" to go to the sign up page.

If you have any trouble signing up, e-mail Warren Casteel at warren@casteelsign.com and he will assist you.

October 2002 DATES-LINE Schedule:

Mailed by: October 1, 2002

Notices & Articles due by: Sept. 24, 2002

2002 Double DATES Rides & Activities

RIDE	DATE	START TIME	START PLACE	RIDE HOST	PHONE # / E-MAIL	DISTANCE	DETAILS
Joint DATES/PBA Labor Day Melissa Ride & Pool Party	Monday Sept 2	8:00 AM	Home of Rusty & Belinda Nail 1613 Grandberry Drive Melissa TX	Rusty & Belinda Nail; Marc & Susie Mumby	bgnail@ranail.com 972-838-2768	25, 40 or 60 miles	Bring a salad, side dish or dessert to share plus your swimming gear. RSVP. See Article
Collin County Ride	Sunday Sept 8	8:30 AM	Erwin Park McKinney, TX	Kevin & Linda Vinson	972-625-6110 linda.vinson@eds.com	30 - 40 miles	See Article
DATES First Ever Century	Sunday Sept 29	8:00 AM	Downtown Van Alstyne, TX	Tom Shaddox & Brenda Hursin	lshaddo@gte.net	Half, metric & full century routes	Free for DATES members. \$9.00 per non DATES team includes half year DATES membership. Register by 09/23
DATES Team Shaddox-Hursin Wedding	Saturday Oct 5	2:00 PM	Hunter's Glen Baptist Church 4001 Custer Road Plano, TX	Tom Shaddox & Brenda Hursin	lshaddo@gte.net		RSVP for the reception. No gifts please. See Invitation.
Denton County Ride	Sunday Oct 13	9:00 AM	Isle du Bois State Park on Lake Ray Roberts	Roane & Juanita Logan	972-620-1882	35 or 45 miles	See Article
Halloween Overnight Ride to Tyler	Sat-Sun Oct 26-27	Meet 7:45 AM Ride 8:00	OP Norman Jr. High FM 1388 Kaufmann, TX	Warren & Audre Casteel	214-352-7446 972-596-8206 wacasteel@attbi.com	80+ miles or 65 miles each day	Maps and SAG service provided; make your reservations at Fairfield Inn in Tyler; Registration/Waiver form required; See Article

Upcoming Area Pay Rides

RIDE	DATE	START TIME	START PLACE	ADDITIONAL INFORMATION
Jackrabbit Stampede	Saturday Sept 7	8:00 AM	Forney High School Stadium FM 740 South, Forney, TX	http://forney-texas.com/stampede/
Cowtown Classic	Saturday Sept 14	8:00 AM	Crowley High School Complex Crowley, TX	http://www.cowtownclassicbikeride.org/2002_ride.htm
Grand Prairie Grand Prix	Saturday Sept 21	8:00 AM	Lynn Creek Park on Joe Pool Lake Grand Prairie, TX	972-264-1558 or email gpgp@grandprairiechamber.org
Waco Wild West Century	Saturday Sept 28	8:00 AM	Indian Spring Park, 100 University Parks Drive Waco, TX	http://www.wacobicycleclub.org/wwwc/wwwc.htm
Tour de Trails	Saturday Oct 12	8:00 AM	Winnsboro, Tx	Frances Mack 903-629-7490 Sue Horchem 903-342-3791

DATES-LINE is published monthly during the cycling season (*Ed. Approximately 10 issues/yr*) by and for members of **DOUBLE DATES**. Information contained herein is for the general good of the tandem community and may be copied without permission; credit to **DOUBLE DATES** and **DATES-LINE** is appreciated. **All comments and contributions are welcome. We reserve the right to edit all submissions.** Generally, Monthly Issues are mailed by the **1st Tuesday** of each month. Notices and Articles must be received by the **Last Tuesday** of the previous month to be included in the next issue. Exceptions to this schedule are published in the preceding issue of the newsletter. Machine-readable copy is required: either from MS WORD, text/ASCII or Word Perfect. Copy should be e-mailed to HudsonCroy@worldnet.att.net or mailed on a 3.5 diskette to the editors Bruce Hudson & Carol Croy at 8562 Sweetwood Dr, Dallas, TX 75228.

Advertising Rates (per issue): \$10 - Business card size ads; \$35 - 1/4Page ads; \$50 - 1/2Page ads

DOUBLE DATES, the Dallas Area Tandem Enthusiasts, is a recreational club for riders of tandem bicycles. Membership dues are \$18 payable annually in January. If a team joins mid-year, the dues are: Jan – June \$18; July – Oct \$9. Teams joining in November or December pay \$18 and are paid up for the following year.

DATES COORDINATORS _____	Don & D'Ann Hunt _____	(972) 442-6622 (h)	___ d2h@airmail.net
DATES-LINE EDITORS _____	Bruce Hudson & Carol Croy _____	(214) 320-8708 (h)	___ HudsonCroy@worldnet.att.net
RIDE COORDINATORS _____	John McManus & Brenda Cole _____	(214) 321-6085 (h)	___ John_J_McManus@yahoo.com
MEMBERSHIP COORDINATORS _____	Franklin & Tricia Kemp _____	(972) 578-9093 (h)	___ pwkemp@attbi.com
TREASURERS _____	Jerry & Laurie Boggess _____	(972) 690-4051 (h)	___ jboggess@attbi.com
SECRETARY _____	Tony & Colleen Hering _____	(972) 396-1694 (h)	___ thering@directlink.net
WEB SITE _____	Kevin & Linda Vinson _____	www.doubledates.com	
HOT-LINE _____	Dallas Area _____	(214) 352-7446 (b)	
	Out of Town _____	1-800-875-5662 (b)	
	Night (Warren & Audre Casteel) _	(972) 596-8206 (h)	___ wacasteel@attbi.com
DATES1 Email Distribution _____	Warren & Audre Casteel _____	(972) 596-8206 (h)	___ wacasteel@attbi.com



Dallas Area Tandem Enthusiasts
% Franklin & Tricia Kemp
3004 Pataula Lane
Plano, TX 75074-8765

